

SHAMROCK SHUFFLE

COVID Mitigation Plan

March 13, 2021

The Shamrock Shuffle, produced by The 712 Initiative takes the safety of its participants as its number one priority. Further, The 712 Initiative has been working with the City of Council Bluffs, the Pottawattamie County Health department, and Precision Race Results for developing the approved guidelines/requirements for safely executing run/walk events to comply with the city, state, and various department of health agencies.

The following outlines the COVID mitigation plan for the Shamrock Shuffle.

GENERAL OVERVIEW

- Reduction and elimination of any congregation areas as follows
 - Limited race day registration
 - Limited pre-event and post-event activity areas
 - Self-serve refreshment/water station on-course
 - Scheduled advance packet/event bibs pickup will be strongly encouraged to reduce event day pickup
- Staggered start waves (no mass start)
 - Start waves will be between 5-10 minutes apart with 25 – 50 runners (or as current Pott Co Health Department dictate) assigned to each wave.
 - Participants are assigned a start time and advised to not show up no more than 30 minutes prior to their starting time
 - Each 'start wave' will line up in the starting corral in a controlled time trial style fashion that adheres to social distancing parameters
 - Facial coverings/masks are required at all times by all parties in the starting corral
- Separate Start and Finish areas to ensure each start time group is always physically separated from all other groups. Start and Finish line will be separated by at least 100 meters.
- Start Line should be positioned so that runners enter the chute from the back and move toward start line through a controlled point of entry.
- Finish Line should be positioned so that when runners exit the finish area into the “recovery zone”, they keep moving directly to the post-race area (Do not cross back in front of the finish or start line)
- All athletes, staff, volunteers, and vendors must agree to COVID social contract (see herein)
- Facial coverings/masks are strongly recommended and/or required (depending on state/local requirements) at all times by all parties, except participants once they leave the start line, they may remove their mask. Upon crossing the finish line, the participant will be given approximately 100' “recovery zone” and are again strongly encouraged to put on their facial covering/mask.
- Facial coverings/masks are strongly encouraged and/or required (depending on state/local requirements) in the event space where social distancing is not possible.

PRE-EVENT

Participant Registration

- All participants are encouraged to register for the event using an online registration platform to ensure proper starting protocols
- Registration information captured will include participants contact information in case contact tracing is needed.
- All registrants will be required to read and accept/sign the Social Contract that advises them of requirements they must follow and agree to (see herein).

COVID- 19 Ambassador

- Assign a person to be the COVID-19 Ambassador. This person will ensure all the COVID 19 protocols are in place, communicated and enforced. They are to be consulted if anyone has questions or concerns or if someone fails to comply. They are responsible for ensuring a supply of masks, gloves and sanitizing agents are readily available.

Vendors/Staff/Volunteers

- All vendors, staff, and volunteers contact information will be collected by the event.
- All vendors, staff, and volunteers will be required to agree to and accept the Social Contract (see herein).
- All vendors, staff, and volunteers will be required to wear masks/approved facial coverings at all times. Gloves will be required when items are being handled.
- Vendors will be limited to ensure there is no encouraging of lingering or gathering of participants.
- All vendors, staff, and volunteers will be provided pre-event specific instructions, as applicable, for event day, including ensuring and explaining the safety measures required.

Advanced Packet Pickup

- Participants will be strongly encouraged to pick up their event gear (bib, timing tags, swag, etc.) at the advanced packet pickups to reduce significantly any gathering for pickup on event day.
- Event is encouraged to include specific packet pickup times on the online registration form and have the participant select their preferred packet pickup time.

Communications

- Prior to event day, all applicable parties will be reminded about the instructions for event day, including the agreement to the Social Contract.

EVENT DAY

Diagrams for Wave Starts, Water Stations, Start Chute, Course Management, and Finish Line will be provided no less than 1 week prior to the event.

Vendors & Event Related Tents/Table Areas (Refreshments, Finisher Medals, etc.)

- All vendors, staff, and volunteers (as applicable) will be required to wear masks
- Items may be given out to participants either by a masked vendor/staff, or volunteer.
- Social distancing must be adhered to and markers and signs will be used to indicate where participants should stand.

Cleanliness/Sanitation/Safety (in addition to items already covered)

- Hand sanitizer will be provided throughout the event in various locations.
- Mask regulations and social distancing regulation signs will be placed throughout the event to remind all parties the event’s policies and mandates.

Contract Tracing/Information Collection

- All vendors, volunteers, and event staff’s contact information will be collected prior to event day.
- All participant contact information will be collected prior to event day through registration.
- On event day, vendors, volunteers, and event staff will be checked-in in order to know who was there on event day (each will further be reminded of the Social Contract they agreed to)
- Participants will be electronically chipped timed in order to capture the data of what participants did attend and participate in the event. With the start line protocols, the event will know down to what time and in which groups a participant started.
- All information will be kept for a minimum of sixty (60) days post event by the event.

Compliance Enforcement

- Per the social contract that must be agreed to by all parties, failure to adhere to any of the regulations, rules, event staff instructions, and health mandates may and will lead to the immediate removal from the event premises after consultation with the COVID-19 Ambassador

MUST PRESENT A SIGNED SOCIAL CONTRACT AT PACKET PICK-UP

COVID-19 SOCIAL CONTRACT

(The social contract must be agreed by all parties involved with the event)

In consideration of my entry into the Shamrock Shuffle I hereby agree to and understand the following rules and regulations.

1. I agree that I will not be allowed to participate in or attend the event if any of the following apply:
 - a. I have been in contact with an individual infected with COVID-19 within the last 14 days.
 - b. I have been in close contact within the last 14 days with an individual suspected of being infected with COVID-19, including individuals exhibiting COVID-19 symptoms.

- c. I am currently experiencing, or have experienced in the past 14 days, fever, cough, or shortness of breath.
 - d. I have traveled to an area that is under Level 2, 3, or 4 travel advisories by the U.S. State Department.
2. I understand and assume all risks that despite all safety precautions, I may still be exposed to possible infection of COVID-19 or other communicable diseases.
 3. I will comply with social distancing requirements and will maintain social distancing of 6-feet or more from other individuals at all times, except when running or walking in the event.
 4. I will maintain proper and safe social distances as best as I can when running or walking in the event.
 5. As a participant, I will wear a face covering at all times except, if I wish, when running or walking in the event. This rule is subject to change based on the Governor Proclamation referring to in person outdoor event in Iowa at the time of the event.
 6. As a vendor, volunteer, or event staff, I will wear a face covering at all times. I will wear protective gloves when and if I am coming into contact with any items that are provided to participants and when sanitizing/cleaning.
 7. I understand that I may congregate with members I have been sheltering with, but no more than 10. This rule is subject to change based on the Governor Proclamation referring to in person outdoor event in Iowa at the time of the event.
 8. I will abide and follow all rules and instructions by official event staff.
 9. I understand that failure to adhere to these regulations may and will result in my not being allowed to participate in and remain at the event, and I will not be entitled to any refund of registration or other such fees if paid for attending the event.